

CALORIE

is a unit of heat

.a film by eisha marjara.

genre

drama

logline

Indo-Canadian mother travels to India with her troubled teen daughters only regretting a trip which turns to tragedy.

synopsis

After many years Monika returns to Amritsar India, the home of the sacred Golden Temple, to visit her aging uncle and aunt with her troubled teen daughters, LILA (13) and SIMI (18). Lila is anorexic and freshly out of hospital and Simi is a wild child and impossible to control. They're both a handful for Monika who questions her mothering skills while still grappling with the tragic death of her own mother who was killed when Monika was herself a teenager. As Lila's anorexia worsens and Simi gets into dangerous situations, the family struggles to hold together but with devastating results.

CALORIE is the story of a family that is coming to terms with its past and the residual effects of man made tragedies and unresolved grief.

CANADA

CALORIE 102 minutes, colour, drama
English with some Punjabi

Serving Size	Calorie Count	Grams of Fat
45g	144	1.1
45g	167	0.4
45g	176	1.6
45g	166	3.6
45g	171	0.5
2 pieces / 44g	143	0.9
45g	166	0.5
2 biscuits / 37½g	129	1.0