

# Lauren Holman

Non-Union

Los Angeles, CA \* lauren.ashley.holman@gmail.com \* (626) 622-6093

Eyes: Blue

Height: 5'7"

Weight: 125 lbs

Hair: Brown

Age Range: 21-28

## SHORT FILM

The Rectangle Diaries

Day Player

Lucian Tanase

A Lethal Affair

Co-Star

Henry Barrial

The Potato Cellar

Lead

Levi Jensen

Please Talk to Me

Lead

Dede Harlan

## COMMERCIAL

Spanish Embassy

Lead

Fast Forward Productions

Mirable

Lead

Rod Martin

## TELEVISION

Stuck

Guest Star

Gina Sedman

Justice with Judge Mabelean

Guest Star

Entertainment Studios

## THEATRE

A Heart That Would Not Burn

Yolande/St. Catherine

Pucelle Productions

The Time of Your Life

Multiple Roles

Victory Theater

Dracula

Lucy Seward

Rexburg Blackbox

The Little Mermaid

Jetasm

The Playmill Theater

Singin' In the Rain

Ms. Dinsmore/Ensemble

The Playmille Theater

A Separate Peace

Maggie

Rexburg Blackbox

Seven Brides for Seven Brothers

Mrs. Sander/Swing

The Playmill Theater

Joseph and the...Dreamcoat

Narrator

Whittier, CA

## TRAINING

New York Film Academy, MFA Acting for Film 2019, Los Angeles:

Scene Study

David Robinette

Shakespeare

Riley Steiner

Movement

Mary Sala

Brigham Young University-Idaho, BA Theatre Performance & Directing 2017; Rexburg, ID:

Acting

Justin Bates

Unarmed Combat

Trevor Hill

## SPECIAL SKILLS

Fluent in Spanish; Beginning French; Can pick up other languages (esp. Italian, German, and Portuguese); Dialects British, Australian, Northern Irish, Brooklyn, Southern; Ballet (soft shoe intermediate, pointe beginner), Modern Dance (intermediate), Tap Dance (intermediate), Clog (intermediate); Heely Skater (beginner); Read Music; Play Piano, Percussion, Accordion, Ukulele; Swim (rec.); Yoga (intermediate); Driver's License; Sneeze; Touch nose with tongue; Incredible Belch; Blow Bubbles with gum; Wiggle nose; Conduct music; Marching Band experience; Horseback riding, English and Western style (intermediate).