

# Beth Nintzel SAG-AFTRA



HEIGHT: 5'8"  
WEIGHT: 112lbs

## TELEVISION:

Angel (BET+)	Co-Star	Dir. Jamal Hill
FOX's New Year's Eve 2019 w/Steve Harvey	Co-Star	FOX
Castle (ABC)	Co-Star	Dir. Paul Holahan

## FILM:

Fat Camp	Patti	Dir Jennifer Arnold
Confessions of a Womanizer	Redhead	Dir. Miguel Ali
Double Blind	Gabby	Dir. Tom Moser

## NEW MEDIA (partial list):

Status Update	Principal	Dir. Kwanza Gooden
Intervention: Interracial Couples Edition	Principal	Dir. Emilie Svensson
Penelope's World	Principal	Dir. Ryan Hellquist
What Luck!	Principal	Dir. Michael Miranda
Reasons Not to Date a Magician	Recurring	Dir. Joseph Tran
Blonde Jokes	Recurring	Dir. Eli Kooris

## THEATRE (partial list):

My Scale is Lying to Me	Wanda	The Complex Theatre, L.A.
No Tell Motel	Helen	Studio/Stage Theatre, L.A.
Love and Other Allergies	Mother	The Lounge Theatre, L.A.
2009 NBC Universal Showcase	Ensemble	The Renberg Theatre, L.A.
Blue Bikini	Rebecca	The Secret Rose, L.A.
Kiss Me, Kate!	Lois Lane/Bianca	PAAC Theatre, Marquette, MI
Rabbit Hole	Rebecca	NMU Theatre, Marquette, MI
Tartuffe	Dorine	NMU Theatre, Marquette, MI

## COMMERCIALS:

List of conflicts available upon request

## HOST:

Misc. festivals	Host	theTUNDRA.com
-----------------	------	---------------

## TRAINING:

Basics of (Virtual) Booking	Cyd Strimatter & Keli Daniels	Camera Left/Stage Right, L.A.
Killian's Adult Commercial Class	Killian McHugh	Killian's Workshop, L.A.
Improvisation 101 & 201	J. Donnelly/B. Rogers	Upright Citizens Brigade, L.A.
Class Scene Study/Cold Reading	Michael Merton	The Actor's Safehouse, L.A.
Bachelor's degree, Acting	Paul Truckey	NMU, Marquette, MI

**MISC. SKILLS:** General fitness, Weight lifting, Running, NASM Certified Personal Trainer, can balance a rake/broom on chin;  
VALID U.S. PASSPORT.

**DIALECTS:** American Southern, Midwestern (MN, WI, MI)

**FOOD ALLERGIES:** Celiac disease (gluten), Dairy, Nuts

**TATTOOS:** "Let go" on left wrist (large scar underlines it from car accident/surgery); small bunny heart on lateral left ankle; "I was here" right bicep